



21321 E OCOTILLO RD. #130 QUEEN CREEK, AZ 85142 • 480.882.2300

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## Temporary Crowns & Bridges

You have just received a temporary crown/bridge. This is meant only to serve your needs while a permanent is being made for you.

Things you need to know about your temporary crown/bridge:

- Allow 30 minutes after leaving the office before chewing anything, as cement needs time to dry.
- Please refrain from chewing sticky or hard foods as your temporary crown and/or bridge are 'temporary' and not meant to withstand excessive force or pressure.
- If your temporary crown comes off, contact the office. If we are not immediately available you may also go to a drugstore and buy Fixodent or a comparable dental cement. This will allow you to replace the crown/bridge yourself to get through a weekend or until you can be seen in the office.
- If the temporary comes off, do not leave it out of your mouth for more than a day or two as it may cause shifting of adjacent teeth, causing your permanent crown or bridge to be misaligned.
- Do not floss around your temporary bridge or crown if possible. If you need to floss, pull the floss through, not upward. Brush this area carefully.
- For the next three days, rinse with warm salt water. Use a half-cup of water to half teaspoon of salt.
- If your gum tissue is sensitive, take Motrin or Tylenol as needed.